Welcome as a user of a TOPRO PRODUCT

Every TOPRO product is developed, designed and made in Norway. Advanced manufacturing equipment, quality and environmental security gives great accuracy and maximum quality in all the levels of production. The product is declared to be in conformity with Medical Device Directive 93/42/EEC. It is tested and approved according to ISO 11199-2:2005. On receipt of the goods please check your product. If you have any quires please contact your mobility shop or dealer immediately.

Guarantee

TOPRO OLYMPOS is guaranteed free for faults and defects for 5 years. An exception is if the damage is caused by incorrect use or parts that are exposed to natural wear and tear (such as e.g. brake block, brake wire, wheel, seat and grip). For repairs during the guarantee period, please contact your local mobility shop or dealer. The guarantee is void if unauthorised spare parts and accessories have been or are being used on the product.

The red numbered squares below refer to the numbered illustrations on the inside of the cover.

1. Get to know your TOPRO PRODUCT

A Handlebar
B Brake handle
C Handlebar tube
D Brake wire
E Seat bars
F Lock clamp
G Seat with strap for folding
H Lock wheel for the handle
I Basket with cover
J Side frame
K Brake block / Edge guard
L Tilt function
M The label on the rear side of the tube under the seat shows the product name/model and
  • Maximum weight of user
  • Maximum width of rollator
  • Maximum height of rollator

Measurements

<table>
<thead>
<tr>
<th></th>
<th>TOPRO OLYMPOS M</th>
<th>TOPRO OLYMPOS S</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recommended user height</td>
<td>150 - 195</td>
<td>135 - 170</td>
</tr>
<tr>
<td>Height of support points</td>
<td>76-95</td>
<td>70-89</td>
</tr>
<tr>
<td>Maximum length</td>
<td>76</td>
<td>72</td>
</tr>
<tr>
<td>Maximum width</td>
<td>70,5</td>
<td>66</td>
</tr>
<tr>
<td>Between support points</td>
<td>50</td>
<td>46</td>
</tr>
<tr>
<td>Seat height</td>
<td>60</td>
<td>53</td>
</tr>
<tr>
<td>Turning diameter</td>
<td>94</td>
<td>86,5</td>
</tr>
<tr>
<td>Diameter front wheels</td>
<td>27,5</td>
<td>22,5</td>
</tr>
<tr>
<td>Diameter rear wheels</td>
<td>22,5</td>
<td>20</td>
</tr>
<tr>
<td>Width wheels</td>
<td>4,2</td>
<td>4,2</td>
</tr>
<tr>
<td>Grip distance driving brake</td>
<td>6,5</td>
<td>6,5</td>
</tr>
<tr>
<td>Height when folded</td>
<td>86</td>
<td>78</td>
</tr>
<tr>
<td>Width when folded</td>
<td>27</td>
<td>27</td>
</tr>
<tr>
<td>Length when folded</td>
<td>76</td>
<td>72</td>
</tr>
<tr>
<td>Weight rollator</td>
<td>8,6</td>
<td>8,0</td>
</tr>
<tr>
<td>Maximum weight of user</td>
<td>150</td>
<td>150</td>
</tr>
</tbody>
</table>

Intended use

The TOPRO Olympos is designed and approved for outdoor use, but can also be used indoors. We advise caution when using the Olympos indoors as the maximum width of the rollator is 70.5cm (M) and 66cm (S). The rollator safely supports users with poor balance and/or poor mobility. The integrated seat provides an opportunity for the user to rest, and the fabric basket is capable of carrying items up to a total of 15 kg.

Important to know about safety before use

• When folding and unfolding, be aware so you don't hurt your fingers.
• Check the brakes before use every time, and that the rollator locks in unfolded position.
• Not to be used by persons over maximum user weight (see table).
• Do not use to transport heavy loads or persons.
• The rollator is not a toy.
• Make sure that the lock wheel for height adjustment for the handles is locked tight.
• Be aware! Some parts of the rollator might feel hot or cold when exposed to extreme temperatures.

Important to know about safety in use

• When stationary or parked, always use the parking brakes on both sides A
• Before sitting on the seat, make sure the parking brakes on both sides are in locked position A
• Do not lean or bend sideways or over the back of the rollator whilst in the seated position.

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The driving brakes can be held in a little B to reduce speed, but must not be in locked position when the rollator is in motion.

To give the right support and a safety, make sure the rollator is kept as close to your body as possible C.

Walk straight, look forward and hold your backside in D. That is the easiest way to keep your balance.

Do not push the rollator too far from your body as this can cause unnecessary strain and you could fall.

Be careful of flared skirts and trousers as they could get caught between the brake block and wheel, which could lead to falling. We therefore recommend not wearing flared/wide clothing.

**Assembling / adjusting**

TOPRO OLYMPOS is delivered assembled. Before use, you must unfold the rollator. The height of the handlebar tubes will then need adjusting to suit the user’s needs.

3 **Unfolding / folding**

Unfolding: Loosen the lock clamp that is over the seat bars A. Press the seat bars down and out B. The side frames will slide apart. Press down the seat bars. You will hear a clicking sound. The rollator is now locked in its open position.

Folding: Pull the strap on the seat C and press the side frames together. Lock the clamp D over the seat bars.

4 **Lowering and height adjusting the handles**

Lowering: Unscrew the lock wheel for the brake handles A (approx. 4-5 turns). Push the handlebar tubes down until they stop B. Tighten the lock A again.

Height adjusting: Unscrew the lock for the brake handles A (approx. 4-5 turns). Adjust the handlebar tubes to a suitable height then pull them slightly up and down C until you hear a clicking sound. Tighten the lock A again. Adjust both handlebars to the same height. It is recommended that the handlebars should be at the same height as your wrists when your arms are hanging alongside your body.

5 **Height adjustment using the memory function**

You have the opportunity to set the height of the handles at a standard setting, fitting to your height, so that you easily can find the height again. This can be necessary when the rollator is being transported or stored as compact as possible. Decide the height of the handlebars. Count visible holes at the back of the handlebar tubes. Unscrew the lock wheel A. Pull the tube B out of the frame. The attached part C will now follow the handlebar tube. Move the attached part C on the tube B so the there are equal holes as counted earlier. Fit the memory chip D on the handlebar tube in the first available hole under the attached part C. Push the handlebar tube B down and into the side frame E until the attached part is locked. Screw the lock wheel A half in. Pull the handlebars F up until they stop, then tighten the lock wheel A properly. From now on, when the handlebars are in the lowest position, they will stop in the preset position automatically when pulled up.

6 **Adjusting / checking and maintaining the brakes**

Adjusting / checking: Loosen the nut A beside the brake. Tighten the brake wire B with the adjustment screw C. Adjust both brake blocks so the distance to the wheel surface is approximately 1 mm D. Make sure the brakes are not adjusted too tight and pressing into the rubber when the parking brake is on.

Maintaining: Clean the brake blocks E and the brake spring F frequently. The wheels can be changed if they are worn out or damaged.

2 **Using the brakes**

Make sure the brakes work before each trip. Each brake handle A works on each of the rear wheels. Wrong use can cause unsafe situations and damage to the rollator. The rollator must not be driven or pushed with force when the parking brakes are on or when the wheels are partly locked using the brakes. This indicates incorrect use and can cause wear and tear which makes the tires and brake quality weaker. Parking brakes: Push both brake handles A down until they lock. Both rear wheels are now locked. Squeeze both brakes handles upwards to release the parking brakes. Driving brakes: Pull both brake handles B upwards to reduce speed. Do not use continuously while the rollator is in motion.

7 **Seat**

The parking brakes must be on before using the seat. Push both brake handles downwards until they lock A. Both rear wheels are now locked. Sit with your back towards the basket B. The maximum user weight is 150 kg.
8 Shopping bag
The shopping bag is enclosed. It holds up to 15 kilos and is easily attached or removed. To mount the basket, stand between the handles of your rollator and apply the parking brake A. Then lift the basket forwards in order to slide it underneath the seat and onto the front and the carrying handles B. When it is placed correctly, you will hear a click. Make sure that the brake wire still runs unrestrained along the frame C.
To remove the basket, stand between the handlebars and apply the parking brake. Place your hands towards the front of the basket, one either side. Lift the basket up while pressing it slightly together. This will release it. Always use both hands when performing this operation D.
The shopping basket comes with a shoulder strap for you to carry it directly into your home. Make sure that the shoulder strap is tucked away when the shopping bag is fitted to the rollator, so that it does not get trapped in the front wheels. The bag can be washed at 40°C.

9 Edge guard and tilt function
Edge guard: The brake blocks A which are in front of the rear wheels prevent the rear wheels from catching on corners, door frames etc.
Tilt function: To use the tilt function use the front of the foot and press down on the tilt pedal B which is beside the rear wheel. This helps to tilt the rollator over thresholds, edges etc.

10 Carrying the rollator
The rollator must not be carried by the seat strap or the brake wires. Fold the rollator together as shown on the illustration. Carry the rollator by the folded seat bars A.

Material / Recycling
The rollator is made of plastic coated aluminium pipes, plastic couplings and material of plastic and polyester. Most parts can be recycled.

Cleaning
The rollator can be steamed, hosed and washed with normal household detergents.

Disinfection must only be carried out by trained personnel
The surface must be cleaned with a disinfection that contains 70-80% ethanol. We advise against disinfection that contains chlorine and phenol.
The manufacturer cannot be held responsible for any damage or wounds that might occur through the use of harmful disinfection or disinfection carried out by unauthorized personnel.

Storage
The rollator should be stored in an upright position. If stored outside then under cover.

Inspection / Maintenance / Re-use
It is recommended that general inspection and maintenance is carried out and that the items below are checked on a regular basis: Tubes and frame, handlebars and handlebar tubes, brakes, wheels, seat and accessories. This also applies when the rollator is to be prepared for re-use. Please see detailed instructions in this user manual about maintenance of the brakes and cleaning and disinfection of the rollator.

If the rollator does not work properly
Make sure the rollator is unfolded correctly and that both brake handles are in expected position.

Accessories
For pictures and TOPRO article numbers see the inside of the cover. Accessories mounted on the rollator may influence stability, we therefore advise you to use them carefully.

A Back support adjustable, with padding
B Crutch holder
C Bottle holder
D Rear bag with zipper
E Transport bag
F LED Light with integrated fall alarm (pair)
G Lamp
H Nameplate
I Ice spurs for shoes
J Lock
K Umbrella with attachment (black)
L Basket for oxygen bottle (compressed, not liquid)
M One-handed brake
N Guiding handle for the visually impaired
O Drag brake (pair)

The accessories are to be ordered separately to give the possibility to compose a TOPRO OLYMPOS that suits the individual users need. Contact your mobility shop, dealer or TOPRO for an updated overview of the accessories, or visit our homepage www.topro.no

In case of faults or questions please contact your mobility shop or dealer.